Q

a.

S 6

Q

225

200

175

150

arowery.visitmalo

Uście Solne 110.8 km

100 110,8 km

Mikluszowice

VeloRaba

Here is the place where VeloMałopolska routes come together. This layout of the network makes it possible to complete the loop or to continue the journey to different parts of Małopolska (westwards to Kraków and Oświęcim; eastwards to the border with Podkarpackie Region; northwards to Świętokrzyskie Region; and southwards to the border with Slovakia or to Zakopane). In this section, the Wiślana Trasa Rowerowa (Vistula Cycle Route) and VeloDunajec are, for the most part, separated from vehicle traffic, while VeloMetropolis runs along the service roads of the A4 motorway and along local roads with low traffic intensity. VeloRaba has a gravel surface.

Sights worth seeing:

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- » Tarnów (www.tarnow.pl)
- » The border post in Biskupice Radłowskie which dates back to 1450 (it marked the border of church estates and is the oldest object of its kind in Poland)
- » Muzeum Witosa (Witos Museum) in Wierzchosławice (muzeum.tarnow.pl)
- » Bochnia Salt Mine (kopalnia-bochnia.pl)

Places for rest breaks on the route (Cyclist Service

- » VeloMetropolis/VeloNatura: Wierzchosławice, Bo-
- » Vistula Cycle Route: Kopacze Wielkie, Wietrzycho-
- » VeloDunaiec: Glów

Bicvcle trails:

- » Bursztynowy Szlak Greenways (Greenways Amber Trail) (www.greenways.org.pl)
- » Sal de Bochegna a link with Salina Cracoviensis trail running to the north of Bochnia up to Uście Solne.
- » Bogumiłowice PKP Szczepanów Trail (an easy



trail, half of which goes through forest and on roads inaccessible to vehicle traffic) and other bicycle trails of the Polish Tourist and Sightseeing Society (PTTK) in the Land of Tarnów (www.tarnow.pttk.pl)

» Bicycle trails of the Polish Tourist and Sightseeing Society (PTTK) in the Land of Tarnów (www.tarnow. pttk.pl)

Interesting fact:

Thanks to the untamed riverbanks and the agricultural character of the area, the place is perfect for the white stork. The town of Niedzieliska, which lies in the middle of the bicycle loop, is also known as 'the storks' village'.

Tips:

Make sure you have your own provisions, because the majority of the section runs at some distance from residential areas. You can get to Brzesko, Bogumiłowice and Tarnów by train (rozklad-pkp.pl).

Tourist information:

Tarnów Information Centre, Rynek 7, 33-100 Tarnów, phone: +48 146889090, it.tarnow@msit.malopolska.pl, www.it.tarnow.pl

Maps:

- » maps in electronic versions and for printing;
- » gpx tracking including suggested detours around sections currently under construction/renovation.

Download from the website:

narowery.visitmalopolska.pl/mapy

If you have any comments regarding damaged bicycle infrastructure on VeloMałopolska routes. please report them to the following email address: narowery@umwm.malopolska.pl



10 14 13 Brzesko Tarnów 12 11 Nlepolomice Zator Wieliczka/ EXISTING and planned VeloMałopolska routes Vistula Bicycle Route VeloDunalec VeloMetropolls Nowy Targ Dębno VeloNatura VeloRaba VeloPradnik VeloRudawa Zakopane VeloSkawa m n.p.m. Miechowice Wielkie - Wiślana Trasa Rowerowa Szczepanów 79.5 km Wletrzychowice Wierzchosławice

VeloDunalec

34.9

30

Oświecim

Kraków/

VeloNatura, VeloMetropolis

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VeloMatopolska is a network of bicycle routes of it is possible to take shelter in case of rain, ser-European standards, which run through whole the Małopolska region. One of them is the Velo-**Dunajec** route, which runs through picturesque terrains of the Dunajec river valley, offering views of the Tatras, the Gorce Mountains, the Beskids, the Pienins and the Foothills, as well as along the sides of two lakes, Czorsztyn Lake and Rożnów Lake. Alongside all the VeloMałopolska routes there are Cyclist Service Points (Cyclist Service Points) with such amenities as for instance maps of the surroundings, sheds where

21,5 km

MOR

Kopacze Wielkie

17,3 km

20

10

vice tools, grilling equipment, or toilets.

80

70

Szczucin

Zakliczyn

Nowy Sącz

15 Muszyna

Brzesko

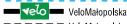
85.8

Bicvcle Friendly Places (MPR) complement the offer of the region within the range of bicycle tourism. These are accommodation facilities. gastronomic places, tourist attractions, as well as other facilities adjusted to cyclists' needs. These are places where it is possible to store a bicycle and luggage safely, to avail oneself of tools for basic repairs, as well as to obtain information useful for planning the further journey.









■ ■ ■ ■ ■ VeloMałopolska - planned route •••• Other bicycle trails, steep inclines



Cyclist Service Points (MOR), Shelters for rest breaks Cyclist-Friendly Places



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Castles, castle ruins, palaces

Other historical buildings, heritage parks, historic fortified settlement 🚾 😜 ይ

Churches, Orthodox churches, monasteries, synagogues Military cemeteries, museums, vantage points

Sites on the Wooden Architecture Trail





ferry, swimming pools or beach, river ferries Thermal pools, Horse-riding centres, ski resort



Mountain shelters, camp sites Tourist Information, UNESCO sites



Natural attractions, nature reserves

Boundary of national park, landscape park, Malopolska Volvodeship

Motorways, roads: national, Inter-regional other Railways with stations and stops

