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# of the Małopolska Region

You can get to Cracow by train from many Polish and European cities, and its airport in Balice operates flights of numerous airlines (you can get

to the city centre by train). Cracow is also the starting point from which trains depart to other towns and cities in the region, including those which lie on VeloMałopolska (e.g. Zakopane, Nowy Targ, Nowy Sacz, Tarnów, Niepołomice). At Dworzec Główny w Krakowie (Cracow Main Station), at the end of the platforms (in the tunnel) there is a bicycle path which leads directly to the WTR (head for Rondo Mogilskie (Mogilskie Roundabout), then Rondo Grzegórzeckie (Grzegórzeckie Roundabout), and near Galeria

# Sights worth seeing:

Kazimierz turn onto

the WTR).

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- » The city of Cracow the first European city entered in the UNESCO World Cultural and Natural Heritage List (krakow.travel)
- » Wieliczka Salt Mine entered in the UNESCO World Cultural and Natural Heritage List (www.kopalnia.pl)

# Bicvcle trails:

- » Greenways Amber Trail the trail crosses VeloMałopolska routes several times (www. gre-
- » Salina Cracoviensis a 90-kilometre-long blue trail going across old salinas of Wieliczka and Bochnia



•••• Other bicycle trails, steep inclines

Cyclist Service Points (MOR).

Shelters for rest breaks

Cyclist-Friendly Places

### Interesting fact:

The size of one of the chambers in Wieliczka Salt Mine makes it possible to host unusual events: an underground bungee jump was organised here, and in 2000 a Guinness World Record was set here for an underground hot-air balloon flight.

### Tips:

Along the section Brzegi - Podgrabie it is necessary to cycle along public roads (the section over embankments is still in the plans). You can skip this section by travelling by train from Cracow to Staniatki/Stanisławice and get to Velo-Natura and the WTR through Niepołomice Forest (map no. 10).

### **Tourist information:**

» InfoKraków, 25 Szpitalna Street, 31-024 Kraków, szpitalna@infokrakow.pl, infokrakow.pl » InfoKraków Balice, main hall of the International Airport in Balice

### Maps:

» maps in electronic versions and for printing: » gpx tracking including suggested detours around sections currently under construction/ renovation.

Download from the website:

## narowery.visitmalopolska.pl/mapy

If you have any comments regarding damaged bicycle infrastructure on VeloMałopolska routes. please report them to the following email address: narowery@umwm.malopolska.pl



Castles, castle ruins, palaces

Other historical buildings, heritage parks, historic fortified settlement 🚾 😜 ይ

Churches, Orthodox churches, monasteries, synagogues

Sites on the Wooden Architecture Trail

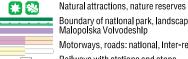
ferry, swimming pools or beach, river ferries

Thermal pools, Horse-riding centres, ski resort

Mountain shelters, camp sites Tourist Information, UNESCO sites

Monuments of technology, bunker, other tourist attractions (\$\sqrt{240}\$ Rocks, Caves, passes; elevation points





Boundary of national park, landscape park, Malopolska Volvodeshlp

**MAŁOPOLSKA** 

Motorways, roads: national, Inter-regional other Railways with stations and stops

# **EXISTING** and planned VeloMałopolska routes Vistula Bicycle Route VeloDunalec VeloMetropolls VeloNatura VeloRaba VeloPradnik VeloSkawa



Nowy Targ

Zakopane

12

Oświecim 14 13

Zator

VeloMałopolska is a network of bicycle routes of European standards, which run through whole the Małopolska region. One of them is the Vistula Cycle Route (WTR), which is a national route, and at the same time, it is connected to the international EuroVelo4 routes (VeloMetropolis is located within the terrain of the region), as well as the EuroVelo11 (VeloNatura). A characteristic feature of the WTR Vistula Route is its slight gradient and a distance from urban areas. Alongside all the VeloMałopolska routes there are Cyclist Service **Points** (Cyclist Service Points) with such amenities

as for instance maps of the surroundings, sheds where it is possible to take shelter in case of rain. service tools, grilling equipment, or toilets.

Szczucin

Zakliczvn

Nowy Sącz

15 Muszyna

Brzesko

11 Nlepołomice

Dębno

Wieliczka/

Bicycle Friendly Places (MPR) complement the offer of the region within the range of bicycle tourism. These are accommodation facilities. gastronomic places, tourist attractions, as well as other facilities adjusted to cyclists' needs. These are places where it is possible to store a bicycle and luggage safely, to avail oneself of tools for basic repairs, as well as to obtain information useful for planning the further journey.









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